

exploreGod™

KNOWING GOD

GROUP DISCUSSION GUIDE

2

SESSION TWO

GOD & PRAYER

SOCIAL TIME

Take ten minutes for the group to get acquainted or catch up over snacks and refreshments. Then, after gathering everyone into a comfortable circle, share something like the following introduction.

INTRODUCTION

When you meet a new person, how do you get to know them? Fundamentally, you talk to them. You spend time with them. Well, if there is a God—a personal, knowable God—how do we get to know Him? We talk to Him. As you may know, the act of talking to God is often called “prayer.” That sounds simple enough. But what is prayer, exactly? And how do you do it? How do you talk to someone who doesn’t necessarily talk back to you—audibly, at least? Is there a certain protocol we need to follow to talk to God? What does prayer look like—and how can we know if God is listening? Let’s take a look at this video on prayer and then discuss it together.

VIDEO: THE CURIOSITY COLLECTIVE: GOD & PRAYER

[PLAY VIDEO](#)

Questions for Discussion

After watching the video, choose from this list of questions or ask some of your own to facilitate discussion. There’s no need to limit your discussion to these questions or to feel pressured to cover all of them in the time you have.

- In what ways can you identify with any of the stories in this video? What did you find intriguing or compelling?
- In the video, Angie said, “I wanted to know—how do you do it? How do you do prayer? What does it look like? What are the rules? What are the steps?” Have you ever asked yourself or others questions like Angie asked?
- Are there ways in which following “steps” or a “ritual” can be helpful for learning something new? Do you think this could apply to prayer?
- Do you ever feel that you need to “_____ yourself” before you talk to God?
- Do you tend to approach prayer more as something where you “stop and talk to God for a half-hour” or as a constant activity you do throughout your day?
- How might you differentiate between your own thoughts and feelings and God’s answers to your prayers?

WRAP-UP

Thoughts to Share with the Group

To the best of your ability, summarize the main points of your group’s discussion. Or, if you are more comfortable, use the text below as a launching pad for concluding the session.

One of God’s mysterious qualities is His ability to be intimate and yet immense, empathetic and yet all-powerful. Like Hugh said, it can often seem weird to think that if we speak, the creator of the universe is actually hearing us. We may even wonder, “Why God would want to talk to me?” And yet, God desires personal relationship with each of us. It is clear from Scripture that prayer is key to maintaining a relationship with God; even Jesus Himself regularly retreated for extended times of prayer. It is through the gift of this communication that we can come to know God personally and more fully.

Follow-Up Resources

- Inform the group that you’ll be sending some follow-up resources so people can continue to explore God.
- Thank people for joining the discussion, and invite them to stick around if they want to continue the conversation.
- Encourage everyone to read Chapter 3 from *7 Basics*.
- *Have any new guests fill out the **contact form** located in the binder*

Additional Resources Week Two

Check out tvclifegroups.com under life group resources, then click Explore God. On the week two page there is a PDF of additional resources you can download and email to your group.