



KNOWING GOD

GROUP DISCUSSION GUIDE



SESSION ONE

MAKING AN INTRODUCTION

SOCIAL TIME

Take ten minutes for the group to get acquainted or catch up over snacks and refreshments. Then, after gathering everyone into a comfortable circle, share something like the following introduction.

INTRODUCTION

When all is said and done, what does it really mean to be a Christian? Is Christianity just about following a set of rules and crossing off a to-do list? It can seem that way sometimes. But what if it's meant to be something different than that? What if, rather than burdening us with a load of rules, being a Christ-follower was actually meant to set us free? What would that kind of Christianity look like? In this group we will be referencing a book called *7 Basics*. This book explains the basics of our faith and is a great thing to read in between group meetings to dig even deeper into what it means to become a Christ follower. There are also some videos that we will watch that spark great questions that we will discuss about what it is we are called to be and do as followers of Christ. Before we begin I would like to invite _____ to share a bit about TVC.

WHO WE ARE

Campus Pastor/Lead Pastor shares the following:

- History of TVC
- Our Mission and Vision
- What we Believe
- Share a God story

VIDEO: THE CURIOSITY COLLECTIVE: MAKING AN INTRODUCTION

Introduction

Let's check out this ten-minute video discussing the topic of making an introduction to God, Jesus, and what it means to be a Christ-follower. It talks about the various questions, struggles, and perspectives people have about God. Let's see what they have to say and then we will talk.

PLAY VIDEO

Questions for Discussion

After watching the video, choose from this list of questions or ask some of your own. There's no need to limit your discussion to these questions or feel pressured to cover all of them.

- In what ways can you identify with any of the stories in this video? What did you find intriguing or compelling?
- What do you think when you hear the term "Christianity"? What about the term "Christ-follower"? Do the two mean something different to you?
- Why do you think it's so common to believe that Christianity is a list of do's and don'ts, a rulebook of what you can and can't do?
- Have you ever thought of God as a kind of "police officer in the sky" like J. P. did?
- Lysa went on to say, "Maybe following God didn't mean I had to perfectly follow the rules." What does that idea mean to you? Do you agree with Lysa?

WRAP-UP

Thoughts to Share with the Group

Summarize the group discussion. Or, use the text below for concluding the session. Rather than hand us a rulebook, Jesus provided assurance of God's unconditional love. Following Jesus is about restoring our relationship with God and accepting His offer of love and grace. No matter where you've been, what you've done, or who you've wronged, God is anxiously awaiting your return. Simply making an introduction can initiate a journey of discovering God's love for us.

Follow-Up Resources

As you wrap up this session, share or summarize these bullets:

- Inform the group that you'll be sending some follow-up resources.
- Thank everyone, and invite them to stick around if they want to continue talking.
- Encourage everyone to read Chapter 1 from *7 Basics*.
- Have new people fill out the **Contact form** located in the binder.

Additional Resources Week One

Check out tvclifegroups.com under life group resources, then click Explore God. On the week one page there is a PDF of additional resources you can download and email to your group.